



Cecilia Molinari

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Instagram: [trackwildandwise](https://www.instagram.com/trackwildandwise)

ID: CA08558EP **Gender**: Female **Date of birth**: 22/01/1990 **Place of birth**: Parma, Italy **Nationality**: Italian

ABOUT ME

Professional Trainer, Monitoring Coordinator, Science Communicator and Hiking Guide

- **Trainer**: Teach professional courses for Environmental Hiking Guides accredited by the *Emilia-Romagna Region*; Animal Tracking Instructor in survival schools and other organizations.
- **Monitoring Coordinator**: Freelance technician for the *Appennino Tosco-Emiliano National Park*.
- **Science Communicator**: Environmental educator for the *Appennino Tosco-Emiliano National Park* and *Io Non Ho Paura Del Lupo*. Deliver public talks, workshops, and training sessions for various organizations with a focus on *Leave No Trace* principles and *Animal Tracking*.
- **Writer**: Contribute articles on environmental and wildlife topics to *L'AltraMontagna*, an online newspaper and editorial project of *Il Dolomiti*.

EDUCATION AND TRAINING

- [2024 – 2025] **MASTER'S DEGREE IN WILDLIFE AND HUMAN DIMENSION COMMUNICATION**
Insubria University http://uagra.uninsubria.it/master-faunahd/Piano_Didattico
| **Final grade**: 100/100 | **Level in EQF**: EQF level 7 | **Thesis**: Online Discussion and Polarization on Environmental Issues: An Analysis of Readers' Comments on Il Dolomiti and L'AltraMontagna
Communicating Biodiversity
The Languages and Narratives of Nature
Tools for Environmental Communication and Education
Communication Strategies and Participatory Processes
- [2016] **BACHELOR'S DEGREE IN NATURAL AND ENVIRONMENTAL SCIENCE**
Parma University
| **Final grade**: 90/100 | **Level in EQF**: EQF level 6 | **Thesis**: "Isotopic techniques applied to Antarctic precipitation: variability of H and O in samples from a snow trench"
Zoology, ecology, botany, geography, geology
- [2016] **Environmental Hiking Guide – Professional Qualification**
Forma Futuro: Emilia-Romagna Region Training Institution <https://www.formafuturo.it/turismo-ambiente-arte/242-guida-ambientale-escursionistica-nuova-edizione.html>
| **Level in EQF**: EQF level 5
- [2009] **SCIENTIFIC HIGH SCHOOL GRADUATION**
Zappa-Fermi High School Borgo Val di Taro
- [2009] **INTERMEDIATE LEVEL ENGLISH LANGUAGE COURSE**



Dun Laoghaire Tuition Centre (DLTC)

WORK EXPERIENCE

Appennino Tosco-Emiliano National Park <https://www.interreg-central.eu/projects/humanita/>

Business or sector: Professional, scientific and technical activities

[04/2025 – Current]

FREELANCE MONITORING COORDINATOR

Service of managing and coordinating tourism impact **monitoring** in pilot sites of the Appennino Tosco-Emiliano National Park, within the HUMANITA Project (ID CE0100248) – **Human-Nature Interactions and Impacts of Tourist Activities on Protected Areas.**

- Monitoring and managing people counters installed at Pietra di Bismantova, Gessi Triassici, Lama Lite, and Foresta Alta Val Parma.
- Monitoring and managing camera traps installed in the same sites.
- Monitoring and managing bioacoustic equipment installed in Foresta Alta Val Parma.
- Supporting other monitoring activities with appointed experts (botanical monitoring in Gessi Triassici and Pietra di Bismantova, spring monitoring in M. Cusna area).
- Drafting monitoring activity reports.
- Participating in internal and partnership project meetings.
- Communication activities on website, social media, and outreach channels.
- Organising promotional activities for the project in collaboration with the Project Manager and partners.
- Engaging and updating associated partners on activities and project progress.
- Participating in the Summer School (July 2025).

Cimone Outdoor Bushcraft and Survival School <https://cimoneoutdoor.com/>

[04/2024 – Current]

ANIMAL TRACKING INSTRUCTOR

Delivers training courses in animal tracking, combining theoretical instruction with practical fieldwork.

Programs include basic and intermediate levels, covering track and sign identification, gait analysis, data collection, and interpretation of wildlife behavior.

The **Basic Course** introduces fundamentals such as recognizing footprints, trails, feeding signs, and applying ethical field practices.

The **Intermediate Course** expands to gait identification, distinguishing front and hind tracks, analyzing ambiguous situations, and advanced data collection techniques. Each course blends classroom theory with hands-on field sessions, adapted to environmental and weather conditions.

Forma Futuro: Emilia-Romagna Region Training Institution

[2017 – Current]

TEACHER IN COURSES FOR HIKING GUIDES

Subjects taught:

- "Good standards of behaviour with wild and domestic animals"
- "Leave No Trace Principles"
- "Tracking: Recognizing signs of the presence of the Apennine wildlife"
- Co-teaching and tutoring in the teaching of "Snow and avalanche risk prevention".

Main duties and responsibilities:

- Supervising and managing visiting pupils during field trips.
- Serving as an examiner on admission and final assessment committees.



- Preparing and organising educational materials for pupils.
- Developing and processing learning resources for students.
- Actively participating in team and staff meetings.

Io Non Ho Paura Del Lupo <https://www.iononhopauradellupo.it/>

[2024 – Current] **ENVIRONMENTAL EDUCATOR & SCIENCE COMMUNICATOR**

Develop and deliver environmental education programs, including the “Conoscere il Lupo a Scuola” project, to raise awareness about wildlife conservation and responsible behavior towards wolves and other wildlife.

L'AltraMontagna, Editorial Project of Il Dolomiti <https://www.laltramontagna.it>

Email address: redazione@laltramontagna.it

[11/2024 – Current] **WRITER**

Write articles on environmental, naturalistic, and social issues shaping mountain territories.

Focus on biodiversity conservation, sustainable development, and the cultural dynamics of mountain communities.

BA.CO srl <https://www.cerwood.it/>

ENVIRONMENTAL EDUCATOR AND INSTRUCTOR AT ACROBATIC TREETOP

[04/2022 – Current] **TRAILS**

Currently occupied as instructor and rescuer at acrobatic treetop trails in the Cerwood Adventure Park.

Also working as educator in environmental education and outreach activities at the CEAS Dedalus (Centre for Environmental Education and Sustainability) in the Appennino Tosco-Emiliano National Park. Among other things, the National Park engages in sharing the subjects of nature and sustainability in all their forms with school students and linking them to other subjects covered in school curricula, while helping children to experience outdoor activities and improve their outdoor skills through ad-hoc programmes called “School in Nature” and “School in the Park”.

Appennino Tosco-Emiliano National Park <http://www.parcoappennino.it/pagina.php?id=406>

[2022 – Current] **NATURE INTERPRETIVE AND HIKING GUIDE**

The Appennino Tosco Emiliano National Park, in collaboration with tourism businesses and professionals in the area, promotes and finances for the school year the project Snow Nature and Culture of the Apennines. These are green white internships, aimed at school students of all levels, modulated on the basis of the different needs and declined according to the ages of the students in order to consolidate the experience of the past years aimed at the establishment of a permanent School of Environment and Mountain in the territory of the Park.

The theme of the internships, called Snow and Nature, is the direct experience of the environment of the Upper Apennines in the winter season, through:

direct practice of snow and nature without facilities

the study and learning of elements of geography, geology, meteorology, environment, history, economics and literature related to the Apennines, with qualified lecturers

the meeting and learning about local activities and communities through guided tours, thematic evenings, groups and cultural workers.



The objective of the internship, is to provide a rich wealth of experiences starting from living several days, at about 1,000 meters above sea level in the winter season and initiating and approaching healthy and environmentally friendly sports practices such as hiking, use of snowshoes

The Walking Robin <https://www.thewalkingrobin.com/>

Email address: info@thewalkingrobin.com

[2019 – Current] **NATURE INTERPRETIVE AND HIKING GUIDE**

I lead groups of people visiting natural areas in Italy and abroad, also on multi-day hikes (thru-hikes) in remote environments. These trips are often conducted in total autonomy, providing customers with all the equipment needed to survive in the wild. Performing this job requires awareness of the responsibilities involved in leading groups and the ability to implement strategies to prevent mishaps and accidents, such as maintaining control and calm in critical moments, planning all the details of the trip itineraries, organizing travel routes, and managing the safety of the people in my charge.

Cerreto Laghi Sky School

[12/2023 – 01/2025] **SECRETARY**

LIPU odv <http://www.lipu.it/oasi-torrile>

Email address: riserva.torrile@lipu.it

[01/2019 – 04/2022] **NATURE RESERVE OPERATOR**

Employed as reserve operator and management assistant in the Regional Nature Reserve of Torrile and Trecasali, a small wetland that represents the first example of environmental restoration in Italy and is managed by LIPU (the Italian League for Bird Protection) in collaboration with “I Parchi del Ducato” (the Management Body for Parks and Biodiversity of the Western Emilia Region).

The job required flexibility on working days and hours. The tasks performed were varied, ranging from reception activities to the achievement of objectives for European projects in the field of environmental education (LIFE Projects); monitoring of animal species, such as the wolf, for conservation purposes; maintenance of vegetation, trails, and huts for wildlife observation; manual management of water levels; support for bird ringing as part of the MonITRing project; guided tours, educational workshops for schools and families, and relations with local institutions and associations.

I have consistently achieved my short- and long-term goals:

Manging customer complaints with calm and empathy.

Actively participating in meetings and helping create new procedures.

Answering phone calls and emails and interacting personally with customers.

Handling significant amounts of cash register money accurately.

Making suggestions on how to improve performance and efficiency.

Training, instructing, and supervising new staff members.

Appennino Ritrovato aps

[2021 – 2021] **INTERPRETIVE GUIDE for Guide Junior Project**

The aim of this project was discovering the beauty of the surrounding area, engaging young adolescents and making them become “ambassadors” of the land where they were born. Too often, we take for granted what surrounds us: the new generations are not able to grasp the positive allure, well-being and traditional appeal that emanates from it, which



leaves them feeling alienated. It was precisely to promote the taste for discovery and rediscovery that the "Junior Guides" project was born, aiming at offering local young people the chance to look at the territory with new eyes. The goal of "Junior Guides" was to trigger a sense of belonging and reappropriation of the space in which one lives. The Environmental Hiking Guides collaborated with the school. Naturalistic aspects were explored in depth during science classes and historical topics were covered in history classes, but teaching was not limited to hours in the classroom. In fact, the project was based on experiential learning and active education, to touch, see, and experience the territory first-hand. The only way to understand the territory is looking at it, not just studying it in books. This makes it much more engaging for children and ensures that they are more interested in learning. What one learns through his/her body remains more imprinted in memory. During the school period, the children were trained by the guides in naturalistic, historical, and cultural notions. Parallely, students had classes in the theatre to learn how to speak in public. At the end of the year, summer excursions led by licensed adult guides were planned, in which the kids acted as guides, leading and explaining places to tourists.

WWF Travel

[2017 – 2017] **ENVIRONMENTAL HIKING GUIDE**

Outing trip planner and designer for "Yurta Camp" excursions based in Mongolian-style yurtas at the Ca' Cigolara farm, in the "Riserva Naturale Regionale e Oasi WWF dei Ghirardi" in collaboration with "Io Non Ho Paura del Lupo", and 24h assistance as environmental educator in multi-day summer WWF camps for children for 7 weeks, 5 days a week.

LANGUAGE SKILLS

Mother tongue(s): Italian

Other language(s):

English

LISTENING B2 READING B2 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Microsoft Office | Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Google Drive | Zoom | Skype | Google Docs | Facebook | Instagram | Good listener and communicator | Team-work oriented

DRIVING LICENCE

Cars: B

CONFERENCES AND SEMINARS

[10/2024 – 10/2024] **TRANSITARE** Berceto

Contributor and speaker at the mountain anthropology festival on the topic of man and nature: "Changing landscapes and signs of wildlife presence"

Link: https://pfamantropologiamontagna.wordpress.com/transitare_ancora/

[09/2024 – 09/2024] **The School in the Park** Berceto

Speaker and contributor to the symposium " The school in the Park" organized by Appenino Tosco Emiliano National Park



COLLABORATIONS

and volunteering

July 2024

Speaker in the evening organized by Montura Store Parma on Leave No Trace Principle in the outdoors activities

[montura](#)

2023- CURRENT

Collaboration with the community cooperative La Valle dei Cavalieri of Succiso in promoting the principles of Leave No Trace in the hiking field and raising awareness about the first community cooperative in Italy.

Website <https://valledeicavalieri.it/wp/>

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2020/2021

Volunteer for the national wolf monitoring project of ISPRA (Higher Institute for Environmental Research) coordinated by the WAC (Wolf Apennine Centre, the permanent institutional reference centre for wolf management on an interregional scale in the northern Apennines)

Email wac@parcoappennino.it | Website [Wolf Apennine Centre](#)

2016/2019

Volunteer for the association INHPDL (Io Non Ho Paura Del Lupo – I am not afraid of the wolf) in monitoring the packs of the Borgo Val di Taro area through tracking and trapcams.

Email iononhopauradellupo@gmail.com | Website <https://www.iononhopauradellupo.it/en/>

2016/2022

Collaboration as freelance with “Riserva Naturale Regionale e Oasi WWF dei Ghirardi” in raising awareness of good behavioural practices for wildlife management, and collaboration with farmers (Elena Gabbi and Roberto Mangia) who help establishing good behavioural practices for domestic animals, such as guardian dogs for sheep flocks, in the Reserve.

Email oasighirardi@wwf.it

QUALIFICATIONS AND COURSES

Courses

December 2024

[Remote area first aid course](#) organized by Croce Verde Alto Appennino and Alpine Rescue, held over two days.



September 2024

Basic Mantracking Skills course – Hull's Tracking School, Faber, Virginia, U.S. delivered by Kyt Lyn Walken.

<https://hullstrackingschool.com/main/hulls-tracking-school-in-europe/>

May 2024

CETS European Charter of Sustainable Tourism is tool for defining the guidelines for a sustainable tourism in protected areas but, at the same time, also attractive for the market. I have been certified CETS as an Environmental Hiking Guide.

<https://www.federparchi.it/pagina.php?id=27>

January 2023

Patent in Veterinary First Aid from BLS-D Academy International

<https://www.blisd-academy.it/chi-siamo/>

2019

Qualification as Safety Adviser and Manager (RSPP) for low-risk activities

2019

Qualification for administration and trade in food and beverages

2019

Qualification as Tour Leader

2019

Basic and organic beekeeping

2019

Educational Farm Operator

Link: https://drive.google.com/drive/folders/1RRJnqRM5ItSnM6hqDeSQVhAKZXUUGktM?usp=drive_link

Autorizzo il trattamento dei miei dati personali presenti nel CV ai sensi dell'art. 13 d. lgs. 30 giugno 2003 n. 196 - "Codice in materia di protezione dei dati personali" e dell'art. 13 GDPR 679/16 - "Regolamento europeo sulla protezione dei dati personali".

05/08/2025

Cecilia Molinari